**Research Questionnaire on the Impact of Technology on Children**

We appreciate your help in our research – all responses are anonymous.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Background Details** | | | | | |
| 1 | Gender of your child | |  | |  |
|  | male | |  | |  |
|  | female | |  | |  |
|  |  | |  | |  |
| 2 | How old is your child? | |  | |  |
|  | age | |  | |  |
|  |  | |  | |  |
| **Questions regarding your child’s use of technology** | | | | | |
|  |  | |  | |  |
| 3 | How many hours does your child watch television or DVDs each week? | |  | |  |
|  | 1-10 hours | |  | |  |
|  | 10-19 hours | |  | |  |
|  | 20 hours or more | |  | |  |
|  |  | |  | |  |
| 4 | Does your child have access to the internet at home? | |  | |  |
|  | Yes | |  | |  |
|  | No | |  | |  |
| 5 | What type of video games does your child play?  .................................................................. | |  | |  |
| 6 | How many hours each week does your child play video games, eg PS3, Xbox or Wii or play internet games? | |  | |  |
|  | Never | |  | |  |
|  | 1-5 hours | |  | |  |
|  | 6-10 hours | |  | |  |
|  | 10 hours or more | |  | |  |
|  |  | |  | |  |
| 7 | How many hours each week does your child play on a portable games console e.g. ipad, ipod, PSP, Nintendo DS? | |  | |  |
|  | Never | |  | |  |
|  | 1-5 hours | |  | |  |
|  | 6-10 hours | |  | |  |
|  | 10 hours or more | |  | |  |
|  |  | |  | |  |
| 8 | Does your child have a mobile phone? | |  | |  |
|  | Yes | |  | |  |
|  | No | |  | |  |
| 9 | How many hours per week does your child use Facebook or other Social Networking sites eg Twitter, Club Penguin etc? | |  | |  |
|  | Never | |  | |  |
|  | 1-5 hours | |  | |  |
|  | 6-10 hours | |  | |  |
|  | 10 hours or more | |  | |  |
|  |  | |  | |  |
| 10 | What technology does your child have in their bedroom? (Tick all that apply) | |  | |  |
|  | Television/DVD player | |  | |  |
|  | Game console | |  | |  |
|  | Internet access | |  | |  |
|  | Music (CD player, iPod) | |  | |  |
|  | Mobile phone | |  | |  |
|  | Portable game console | |  | |  |
|  | None of the above | |  | |  |
|  |  | |  | |  |
| 11 | Do you set watching or playing limits on the computer or television etc? | |  | |  |
|  | Yes | |  | |  |
|  | No | |  | |  |
|  |  | |  | |  |
| 12 | Do you use the Certification to guide you on films before you let your child watch/use them? eg U, PG, 12A, 12, 15, 18 | |  | |  |
|  | Yes | |  | |  |
|  | No | |  | |  |
| 13 | Do you supervise the time your child is on the computer? |  | |  | |
|  | Yes | |  | |  |
|  | No | |  | |  |
| **After school activities** | | | | | |
|  |  |  | |  | |
| 13 | Please tick all interests after school: |  | |  | |
|  | None |  | |  | |
|  | Arts (e.g. Drama/ Art / Dance / Music) |  | |  | |
|  | Sport (e.g. Football / Rugby/ Tennis / Cricket) |  | |  | |
|  | Extra Schooling / After School Clubs |  | |  | |
|  | Other |  | |  | |
| 14 | Please tick any weekend activities: |  | |  | |
|  | None |  | |  | |
|  | Sport (e.g. Football/ Rugby/ Tennis) |  | |  | |
|  | Arts (e.g. Drama/ Art / Dance / Music) |  | |  | |
|  | Other |  | |  | |
| 15 | How often does your child read or is read to per week? | |  | |  |
|  | Never | |  | |  |
|  | 3-4 times | |  | |  |
|  | 5-6 times | |  | |  |
|  | 7 times or more | |  | |  |
|  |  |  | |  | |
| **Sleep patterns** | | | | | |
| 16 | At what time does your child go to bed on a school day? |  | |  | |
|  | Before 7:00pm |  | |  | |
|  | Approx. 7:30pm |  | |  | |
|  | Approx. 8:00pm |  | |  | |
|  | Approx. 8:30pm |  | |  | |
|  | Approx. 9:00pm |  | |  | |
|  | Later than 9:30pm |  | |  | |
|  |  |  | |  | |
| 17 | At the weekend what time does your child go to bed? |  | |  | |
|  | Before 7:00pm |  | |  | |
|  | Approx. 7:30pm |  | |  | |
|  | Approx. 8:00pm |  | |  | |
|  | Approx. 8:30pm |  | |  | |
|  | Approx. 9:00pm |  | |  | |
|  | Approx. 9:30pm |  | |  | |
|  | Later than 10:00pm |  | |  | |
|  |  |  | |  | |
| 18 | Please estimate how many hours of sleep your child gets each night. |  | |  | |
|  | Less than 8 hours |  | |  | |
|  | 8-10 hours |  | |  | |
|  | 10-12 hours |  | |  | |
|  |  |  | |  | |
| 19 | Please tick what your child does as part of their daily bedtime routine. |  | |  | |
|  | Bath/Shower |  | |  | |
|  | Reading/read to |  | |  | |
|  | Watching Television/DVD in their bedroom |  | |  | |
|  | Listen to music |  | |  | |
|  | Playing on video game console e.g. PS3, Wii, Xbox etc |  | |  | |
|  | Playing on portable game console e.g. iPad, DS, PSP etc |  | |  | |
|  | Other |  | |  | |
|  |  |  | |  | |
| 20 | Please tick what your child does as part of their daily morning routine. |  | |  | |
|  | Bath/Shower |  | |  | |
|  | Reading/read to |  | |  | |
|  | Watching Television/DVD |  | |  | |
|  | Listen to music |  | |  | |
|  | Playing on video game console eg PS3, Wii, Xbox etc |  | |  | |
|  | Playing on portable game console eg iPad, DS, PSP etc |  | |  | |
|  | Other |  | |  | |

|  |  |  |  |
| --- | --- | --- | --- |
| 21 | Does playing on the computer affect your child’s routine at bedtime? |  |  |
|  | Yes |  |  |
|  | No |  |  |
| **Behaviour and emotions** | | | |

22. Does your child show any change in behaviour when they play on the computer? Please give an example...

23a. Does their mood change according to the success of the game they are playing?

Please give an example...

23b. If yes, does this mood stay when the child comes away from the computer?

Please give an example...

24. Does your child ever copy the behaviour of characters from videogames?

Please give an example...

Thank you for your help - if you have any questions or you would like to receive a copy of the results, or take part in further research please email me [jtaylor@bournemouth.ac.uk](mailto:jtaylor@bournemouth.ac.uk)

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**Thanks to Penny Symes, St Walburgas Primary School with questions from her own survey**